



HatchStride Problem-Solving Worksheet

START SMART. BUILD STRONG.

Use one column for each issue. Write the problem, possible solution, and the steps that could move you forward.

ISSUE 1	ISSUE 2	ISSUE 3
THE PROBLEM 	THE PROBLEM 	THE PROBLEM
WHY THIS MATTERS 	WHY THIS MATTERS 	WHY THIS MATTERS
POSSIBLE SOLUTION 	POSSIBLE SOLUTION 	POSSIBLE SOLUTION
WHAT IS STOPPING ME RIGHT NOW? 	WHAT IS STOPPING ME RIGHT NOW? 	WHAT IS STOPPING ME RIGHT NOW?
STEPS TO MOVE FORWARD 1 2 3	STEPS TO MOVE FORWARD 1 2 3	STEPS TO MOVE FORWARD 1 2 3
FIRST ACTION I CAN TAKE TODAY 	FIRST ACTION I CAN TAKE TODAY 	FIRST ACTION I CAN TAKE TODAY
TARGET DATE: _____	TARGET DATE: _____	TARGET DATE: _____

HOW TO USE THIS WORKSHEET

1. Be specific: write the exact issue, not just "running a business is stressful."
2. Write the solution even if you cannot do it today. Then break it into smaller steps.
3. Work on the issue that matters most first. Before you stop, choose one action you can take today.